



### Frequently Needed Food Items:

- Canned tuna or chicken
- Pasta sauce- all sizes, jars or cans
- Pasta
- Crackers- Ritz/Club/Graham/Saltine
- Canned meals- ravioli, beef stew, chili, etc.
- Peanut butter
- Jelly
- Soup
- Mac and cheese
- Canned vegetables
- Rice- white, brown, yellow (1-2lb. bags)
- Pancake mix and syrup
- Cereal
- Canned fruit and apple sauce
- Juice boxes/pouches
- Snacks- individual packs of popcorn, pretzels, goldfish, trail mix, etc.
- Canned or dry beans
- Granola bars
- Baby food and formula
- Ketchup/mustard/mayo/salsa
- Cooking oil
- Salad dressing
- Coffee
- Tea

### Frequently Needed Non-food Items:

- Toilet paper
- Paper towels
- Diapers- all sizes
- Pull-ups- all sizes
- Feminine products
- Personal care products- shampoo, conditioner, deodorant, soap, toothbrushes, toothpaste, etc.
- Dish soap
- Tissues

### Wish List from Stores:

#### Target

- Diapers- all sizes
- Pull ups- all sizes
- Baby wipes
- Formula- Similac
- Feminine products

#### Costco

- Individual size milks (shelf stable)
- Laundry detergent- Kirkland UltraClean pods
- Almond and soy milk (shelf stable)
- Boxes of small snacks (popcorn, goldfish, granola bars, cheeze-its, etc.)
- Tea
- Feminine products